

# Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the day 1	Chicken Curry with Rice	Beef Burger or Cheese Burger in a Bun with $\frac{1}{4}$ Jacket potato	Roast Chicken with Mashed Potatoes and Gravy	Spaghetti Bolognese (Beef) with Garlic Bread	Fish and Chips
Dish of the day 2	Vegetable Katsu Curry with Rice	Cheese Flan with $\frac{1}{4}$ Jacket potato	Vegetarian Chipolata Sausages with Mashed Potatoes and Gravy	Vegetarian Spaghetti Bolognese (Quorn) with Garlic Bread	Jacket Potato with Cheese & Beans or Tuna & Sweetcorn
Vegetables	Sweetcorn Carrots	Coleslaw Green Salad	Broccoli Mixed Vegetables	Grated Carrot Cucumber Sticks	Garden Peas Baked Beans
Desserts	Pineapple Sponge with Custard	Fresh Fruit Salad and Cream	Flapjack with Custard	Yoghurt with Shortbread finger	Carrot Cake
	Organic Yoghurt Apple Pear	Organic Yoghurt Banana Orange	Organic Yoghurt Grapes Apple	Organic Yoghurt Pear Banana	Organic Yoghurt Orange Grapes

Wholemeal bread and low fat milk will be available every lunchtime

# Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the day 1	Chicken Pasta Bake	Sausage (Pork) with Creamed Potato and Gravy	Roast Pork & Apple Sauce with Roast Potatoes and Gravy	Butter Chicken with Rice	Fish Fingers and Chips
Dish of the day 2	Cheese & Tomato Pizza with Jacket Potato	Vegetarian Cottage Pie	Quorn Burger with Roast Potatoes	Vegetarian Chilli with Rice	Jacket Potato with Cheese & Beans or Tuna & Sweetcorn
Vegetables	Sweetcorn Grated Carrot	Broccoli Mixed Vegetables	Carrots Green Beans	Cucumber Sticks Sweetcorn	Beans Peas
Desserts	Apple Crumble with Custard	Fruit Jelly and Cream	Pear in Chocolate Sponge with Custard	Cheese and Biscuits	Iced Lemon Sponge
	Organic Yoghurt Apple Pear	Organic Yoghurt Banana Orange	Organic Yoghurt Grapes Apple	Organic Yoghurt Pear Banana	Organic Yoghurt Orange Grapes

Wholemeal bread and low fat milk will be available every lunchtime

# Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the day 1	Sweet and Sour Chicken with Rice	Minced Beef Pie with Boiled Potatoes and Gravy	Roast Gammon with Boiled Potatoes and Gravy	Meatballs (Pork) with Pasta in Tomato Sauce	Salmon Fish Fingers and Chips
Dish of the day 2	Vegetable Spring Roll with Sweet and Sour Sauce and Rice	Minced Quorn and Vegetable Pie with Boiled Potatoes and Gravy	Bean Burger with Boiled Potatoes and Gravy	Macaroni Cheese	Jacket Potato with Cheese & Beans or Tuna & Sweetcorn
Vegetables	Sweetcorn Broccoli	Peas Carrots	Cauliflower Green Beans	Green Salad Grated Carrot	Peas Spaghetti Hoops
Desserts	Apple Sponge with Custard	Date Shortbread and Custard	Strawberry Mousse and Cream	Banana and Pear in Chocolate Sauce	Ice Cream Tub
	Organic Yoghurt Apple Pear	Organic Yoghurt Banana Orange	Organic Yoghurt Grapes Apple	Organic Yoghurt Pear Banana	Organic Yoghurt Orange Grapes

Wholemeal bread and low fat milk will be available every lunchtime