



Lydgate Infant School Council Meeting

Everyone came to today's meeting, apart from two School Council members who were busy doing something else.

- To start with, we said 'hello' to Ms Ogielda, who is helping us in school with our 'Healthy Minds' project at the moment. We have been thinking in school about our school motto of 'Aiming High and Having Fun' and talking about how it is really important that we are having fun and enjoying ourselves in school to be happy.
- Ms Ogielda explained about our 'Feelings Chart' and how it can help us to feel happier. She explained that there are some easy exercises which can help us to feel good and ready to learn and we practised these.
- Ms Ogielda asked us if we could help her to show the exercises to other children in school and also to explain our 'Feelings Chart'. We are going to do this next week, and also make some reminder posters of the exercises for each classroom too!