

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the day 1	Chicken Curry with Rice	Pork Sausage Roll with Jacket Potato	Roast Chicken with Mashed Potatoes and Gravy	Spaghetti Bolognese (Beef)	Fish and Chips
Dish of the day 2	Vegetable Curry with Rice	Cheese Flan with Jacket Potato	Quorn Sausages with Mashed Potatoes and Gravy	Vegetarian Spaghetti Bolognese (Quorn)	Jacket Potato with Cheese & Beans or Tuna & Sweetcorn
Vegetables	Sweetcorn Carrots	Homemade Coleslaw Baked Beans	Broccoli Mixed Vegetables	Grated Carrot Cucumber Sticks	Mushy Peas Baked Beans
Desserts	Pineapple Sponge with Custard	Fresh Fruit Salad and Cream	Flapjack with Custard	Yoghurt with Shortbread finger	Carrot Cake
	Organic Yoghurt Apple Pear	Organic Yoghurt Banana Orange	Organic Yoghurt Grapes Apple	Organic Yoghurt Pear Banana	Organic Yoghurt Orange Grapes

Wholemeal bread and low fat milk will be available every lunchtime

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the day 1	BBQ Chicken with Rice	Minced Beef Pie with Baby New Potatoes and Gravy	Roast Pork & Apple Sauce with Roast Potatoes and Gravy	Meatballs (Pork) with Pasta in Tomato Sauce	Fish Fingers and Chips
Dish of the day 2	Cheese & Tomato Pizza with Jacket Potato	Quorn & Vegetable Pie with Baby New Potatoes and Gravy	Quorn Burger with Roast Potatoes and Gravy	Tomato & Basil Pasta Bake	Jacket Potato with Cheese & Beans or Tuna & Sweetcorn
Vegetables	Sweetcorn Grated Carrot	Broccoli Mixed Vegetables	Carrots Green Beans	Cucumber Sticks Sweetcorn	Beans Mushy Peas
Desserts	Apple Crumble with Custard	Fruit Jelly and Cream	Pear in Chocolate Sponge with Custard	Cheese and Biscuits	Iced Lemon Sponge
	Organic Yoghurt Apple Pear	Organic Yoghurt Banana Orange	Organic Yoghurt Grapes Apple	Organic Yoghurt Pear Banana	Organic Yoghurt Orange Grapes

Wholemeal bread and low fat milk will be available every lunchtime

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the day 1	Chilli-Con-Carne (Beef) with Rice	Sausage (Pork) with Mashed Potato and Gravy	Roast Gammon with Roast Potatoes and Gravy	Chicken Pasta Bake	Salmon Fish Fingers and Chips
Dish of the day 2	Vegetable Chilli with Rice	Quorn and Vegetable Cottage Pie and Gravy	Bean Burger with Roast Potatoes and Gravy	Macaroni Cheese	Jacket Potato with Cheese & Beans or Tuna & Sweetcorn
Vegetables	Sweetcorn Broccoli	Peas Carrots	Cauliflower Green Beans	Green Salad Grated Carrot	Garden Peas Spaghetti Hoops
Desserts	Apple Sponge with Custard	Australian Shortbread and Custard	Strawberry Mousse and Cream	Cherry Crumble and Custard	Ice Cream Tub
	Organic Yoghurt Apple Pear	Organic Yoghurt Banana Orange	Organic Yoghurt Grapes Apple	Organic Yoghurt Pear Banana	Organic Yoghurt Orange Grapes

Wholemeal bread and low fat milk will be available every lunchtime